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Olga Coelho  
*Universidade de Lisboa*

Rute Pires  
*Universidade de Lisboa*

Ana Sousa Ferreira  
*Universidade de Lisboa*

Bruno Gonçalves  
*Universidade de Lisboa*

Samia A. Alkhoori  
*Rashid Hospital*

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**Author First name, Last name, Institution**

Olga Coelho, Rute Pires, Ana Sousa Ferreira, Bruno Gonçalves, Samia A. Alkhoori, Mohamed A. Sayed, Amany ElRasheed, Sara Belhoul, Maryam AlJassmi, and Joana Stocker

# The Arabic Version of the Personality Inventory for the DSM-5 (PID-5) in a Clinical Sample of United Arab Emirates (UAE) Nationals

Olga Coelho, MS  
Rute Pires, PhD  
Ana Sousa Ferreira, PhD  
Bruno Gonçalves, PhD  
Samia A. AlKhoori, MD

Mohamed A. Sayed, PhD  
Amany ElRasheed, MD  
Sara Belhoul, MS  
Maryam AlJassmi, MS  
Joana Stocker, PhD

**Objectives:** We aimed to test the potential of the Arabic version of the PID-5 to distinguish between clinical and non-clinical participants, as well as to examine its convergent validity and factor structure in an Emirati clinical sample. **Methods:** The Arabic version of the PID-5 was administered to a clinical sample comprised of 156 participants ( $M_{age} = 31.38$ ,  $SD = 8.99$ , 37.8% male, 62.2% female) and a community sample also comprised of 156 participants ( $M_{age} = 31.43$ ,  $SD = 9.52$ , 37.2% male, 62.8% female). We addressed the descriptive measures, internal consistency, mean rank scores differences, convergent validity with SCL-90-R, and PID-5's factor structure. **Results:** As expected, the clinical sample presented statistically significantly higher scores than the non-clinical sample, with medium to high effect sizes. In addition, all the PID-5 domains showed positive correlations with most of the symptomatic constellations of the SCL-90-R as well as the PID-5 facets with all their SCL-90-R counterparts. However, our findings did not entirely replicate the PID-5 original 5-factor structure, as only a 4-factor solution was retained. **Conclusions:** Future studies with the Arabic PID-5 in clinical samples are needed to understand its relevance and clinical utility in Arabic countries.

**Key words:** DSM-5 Alternative Model of Personality Disorders; Arabic PID-5; United Arab Emirates; clinical sample  
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Personality disorders (PDs) are among the most challenging psychiatric conditions to diagnose and treat, with patients receiving poor treatment to a life shortening condition<sup>1,2</sup> which accounts for heavy social and economic costs.<sup>3,4</sup> Currently considered a mental health priority, it is estimated to affect 7.8% of the general population worldwide,<sup>5</sup> 45% to 51% of psychiatric outpatients in the United States, and 40% to 92% in Europe.<sup>6</sup> In the Arabic Gulf countries, epidemiologic studies are still limited with rates on PDs in primary healthcare services ranging from 3.1% in Saudi Ara-

bia<sup>7</sup> to 12.7% in the United Arab Emirates,<sup>8</sup> and 14.1% in Qatar.<sup>9</sup> A possible explanation to these differences could be related to methodological limitations, sampling methods, and diagnostic assessments<sup>10</sup> that lack sufficient cross-cultural validity.<sup>11</sup> Such diagnostic inaccuracies, allied with the social stigma associated with the utilization of psychiatric and psychological services in the Middle East countries,<sup>12,13</sup> might delay treatment interventions and negatively impact the prognosis. Complicating matters further, in multicultural countries such as the United Arab Emirates where the number of ex-

*Olga Coelho, Universidade de Lisboa, Faculdade de Psicologia, CICPSI, Lisbon, Portugal. Rute Pires, Universidade de Lisboa, Faculdade de Psicologia, CICPSI, Lisbon, Portugal. Ana Sousa Ferreira, Universidade de Lisboa, Faculdade de Psicologia and Business Research Unit (BRU-IUL), Lisbon, Portugal. Bruno Gonçalves, Universidade de Lisboa, Faculdade de Psicologia, CICPSI, Lisbon, Portugal. Samia A. AlKhoori, Psychiatry Department of Rashid Hospital, Dubai, UAE. Mohamed A. Sayed, National Rehabilitation Center, Abu Dhabi, UAE. Amany ElRasheed, Al Amal Hospital, Dubai, UAE. Sara Belhoul, Al Amal Hospital, Dubai, UAE. Maryam AlJassmi, College of Natural and Health Sciences, Zayed University, Dubai, UAE. Joana Stocker, College of Natural and Health Sciences, Zayed University, Dubai, UAE.*  
Correspondence Ms Coelho; [ocoelho@edu.ulisboa.pt](mailto:ocoelho@edu.ulisboa.pt)

patriates accounts for more than 80% of the country's population,<sup>14</sup> cross-cultural differences could easily be bypassed in clinical practice based on the assumption that Western cultural frameworks are applicable to collective societies where conformity to family values overrides any individual needs.<sup>15</sup> From this perspective, despite the efforts to establish more culturally-informed guidelines for the assessment and treatment of PDs,<sup>16</sup> the role of the interactive dynamics between clinical manifestations along with basic biological rhythms of individuals with PDs, cultural idiosyncrasies, and relational dimensions is still to be unveiled.<sup>17</sup>

The fifth edition of the Diagnostic and Statistical Manual of Mental Disorders<sup>18</sup> and the eleventh version of the International Classification of Mental and Behavioural Disorders<sup>19</sup> have shown a strong commitment to capturing the complex and heterogeneous reality of PDs, shifting towards a more evidence-based dimensional paradigm that acknowledges the pivotal importance of personality traits in clinical practice.<sup>20</sup> Throughout this transition process The Personality Inventory for the DSM-5 (PID-5)<sup>21</sup> assumed a leading role which empirically and conceptually supported the departure from a categorical based diagnosing system of PDs to a primarily dimensional method.<sup>22,23</sup> In fact, the PID-5 is currently the most researched measure of maladaptive personality traits and its factor structure has been confirmed across languages and nationalities (eg, for a review see Watters, Sellbom, and Bagby<sup>24</sup> and Somma et al<sup>25</sup>). However, considering that personality traits can be differently promoted or suppressed across cultures,<sup>26</sup> little is known about their relevance in non-Western clinical settings and minorities. As the authoritative measure for the assessment of criterion B of the Alternative Model for Personality Disorders (AMPD), published on DSM-5 Section III, the PID-5 is used to determine the PDs style through a hierarchical model of maladaptive personality traits. According to the AMPD the core features to determine a personality disorder diagnosis are the presence of maladaptive personality traits, along with the level of impairment on the personality function (criterion A).

The PID-5 is a self-rated inventory that characterizes 25 facets (maladaptive traits in which individuals differ) organized into 5 higher order domains of

personality variation that seem to be maladaptive extremes of a normal personality's multidimensional structure, as conceptualized by the Five-Factor Model (FFM),<sup>27,28</sup> therefore establishing an association between negative affectivity with neuroticism, detachment with extraversion, antagonism with agreeableness, disinhibition with conscientiousness, and psychoticism with openness. However, this last one is considered more ambiguous with some studies questioning the relation between psychoticism and openness.<sup>29</sup> Moreover, beyond strong psychometric properties,<sup>30,31</sup> the PID-5 also can be used as an adequate measure to capture DSM-5 Section II categorical PDs diagnosis.<sup>32</sup>

Despite its worldwide popularity, extensive empirical research, and promising results, to date only 3 studies have been published with the PID-5 in Arabic countries. After the translation of the PID-5 into Arabic that was conducted in Bahrain, Kuwait, and Qatar,<sup>33</sup> a second study was conducted within the United Arab Emirates national population using the Arabic PID-5,<sup>34</sup> and a third study using the Arabic short version of the PID-5,<sup>35</sup> in Algeria. All these studies were conducted in community samples and, to the best of our knowledge, there are no data on clinical Arabic speaking populations. Because the aim of the PID-5 is to measure pathological personality traits, it urges the need for studies on clinical samples, for whom this measure was originally developed.

To address some of these issues, the current study's aims were to (1) test the potential of the Arabic PID-5 to distinguish between clinical and non-clinical groups, by comparing the PID-5 results on 2 matched Emirati clinical and community samples as well as (2) examine its convergent validity by correlating the PID-5 scales with the psychopathological symptomatic dimensions of the Arabic SCL-90-R<sup>36</sup> in the clinical sample, and finally, (3) examine the PID-5 factor structure in the Emirati clinical sample.

## METHODS

### Study Design and Participants

The present study was limited to Emirati citizens and based on a clinical sample (N = 156) matched with a community sample (N = 156). The clinical sample was recruited from 3 mental health institutions in the United Arab Emirates – the Al Amal

Psychiatric Hospital, the National Rehabilitation Center, and the psychiatric department of Rashid Hospital. Selection of the clinical participants was carried out by the institutions' psychiatrists or psychologists among the patients that, at the time of the assessment, were receiving mental health treatment, and based on clinical authority and/or clinical records. In addition, the clinicians were asked to report each patient's main diagnosis as well as any other secondary diagnosis, using the DSM-5 criteria. Patients that met at least one DSM-5 mental disorder were included in the clinical sample, and those experiencing intellectual disability, schizophrenia spectrum disorder, and major and mild neurocognitive disorders were excluded from the sample. A total of 156 inpatients and outpatients were selected, aged between 18 and 61 years ( $M_{age} = 31.38$ ,  $SD = 8.99$ , 37.8% male, 62.2% female). With regards to marital status, most of the patients were single (49.4%), that had completed high school (66.7%), and at the time of the assessment were unemployed/housewives (43.6%). The predominant diagnosis included substance-related and addictive disorders (35.3%), anxiety disorders (21.8%), and both depressive (14.7%) and bipolar related disorders (14.7%). The majority of the patients (76.9%) met the criteria for at least one comorbidity, with depressive disorders (16.6%), PD (6.6%) and obsessive-compulsive disorders (2.5%) being the most frequent comorbidities.

The clinical sample was subsequently matched, based on the composition of gender and age, with a community sample of 156 Emirati volunteers, aged between 18 and 57 years ( $M_{age} = 31.43$ ,  $SD = 9.52$ , 37.2% male, 62.8% female). At the time of the assessment 53.2% of the community participants were single, 57.1% had completed high school, 32.7% were employed, 22.4% were unemployed/housewives, 42.3% were students, and 2.6% were retired/disabled. The community sample was selected from a large convenience sample of Emirati citizens ( $N = 1090$ ) recruited from Zayed University Dubai and Abu Dhabi students and their acquaintances.<sup>34</sup> Only the participants that declared had no mental disorders were included in the community sample.

## Data Collection

Patients selected by the mental health units' cli-

nicians were invited to participate in the study at the end of the follow-up appointments or other consultation procedures. The nature of the study was explained, confidentiality was emphasized, and all participants signed a written consent form. Taking into consideration the time required to apply the test (approximately one hour), mutual convenient appointments were scheduled, dependent on the patients' condition and availability. Moreover, to ensure the accuracy of the responses to the test, inpatients participants were invited to take part in the study at the end of their hospitalization period, as at this stage most of the patients are free of severe psychopathological symptoms. Data collection sessions were held between May and September of 2019.

The community sample was recruited through email or in person by psychology graduate research assistants. All the community participants signed a written informed consent form, and the data collection sessions were held collectively at Zayed University Dubai and Abu Dhabi between April and September of 2019.

## Instruments

**Sociodemographic questionnaire.** The sociodemographic questionnaire comprised questions regarding nationality, age, sex, occupational and marital status, religion, education, family, and financial situation. The participants were also asked to report if they suffered from any physical or mental disorder, and when applicable, to specify the diagnose.

**Personality Inventory for DSM-5 (Al-Attayah et al.,<sup>33</sup> original version of Krueger et al.<sup>1</sup>).** The PID-5 is a self-report measure which operationalizes the DSM-5 model of pathological personality traits. It is comprised of 220 items, rated on a 4-point Likert scale, ranging from 0 (very false or often false) to 3 (very true or often true) that characterizes 25 empirically derived lower level facets grouped into 5 major domains of maladaptive personality variation. The instrument is to be use in adults (18 years or above) and takes 40 minutes or less to complete. The PID-5 has been studied worldwide, both in clinical and non-clinical samples, and has shown sound psychometric features such as replicable factor structure, internal consistency, convergence with personality measures, and with a broad range

of psychopathological constructs.<sup>30</sup> Data from the PID-5 Arabic translation study<sup>33</sup> showed that the Cronbach's alphas of the PID-5 scales were moderate to high, ranging from .70 (manipulativeness) to .93 (attention-seeking) at the facet level, and to .92 (antagonism) to .96 (detachment) at the domain level.

**Symptom Checklist-90 - Revised (Al-Behairy;<sup>36</sup> original version of Derogatis<sup>37</sup>).** The SCL-90-R is a multidimensional self-assessment questionnaire consisting of 90 items measured on a 5-point Likert scale, ranging from 0 (Never) to 4 (Extremely), assessing the presence of psychopathology and psychological distress in individuals aged 13 year and above. It comprises 9 principal symptomatic dimensions of psychopathology and 3 global indices. The dimensions are somatization, obsessions-compulsions, interpersonal sensitivity, depression, anxiety, hostility, phobic anxiety, paranoid ideation, and psychoticism. The measure also comprises an additional item scale which is a severity indicator of the individual state, although it is not related to any specific symptomatic dimension. The 3 global indices assess global distress, hardiness, and symptom free. The SCL-90-R presents good internal consistency ranging from .84 to .90 and time stability, with correlations between .80 and .90.

## Data Analysis

Statistical data analyses were performed with the IBM SPSS Statistics (v.26, SPSS Inc., Chicago, IL). To validate the PID-5 Arabic version in the Emirati population, descriptive statistics for the facets and domains were obtained and internal reliability was examined through Cronbach's alphas, in both community and clinical samples. Additionally, to test the PID-5 ability to distinguish between clinical and non-clinical samples, the mean rank score differences between the populations were calculated by the Wilcoxon Signed-Rank test, given that in both, community and clinical samples, the PID-5 scales scores in the Emirati population had shown to be highly heteroscedastic. The effect size was tested through  $r = z/\sqrt{N}$ , being  $N$  the number of pairs without ties. PID-5 and SCL-90-R convergent validity analyses were calculated by the Spearman correlation coefficient. Finally, to examine the Arabic PID-5 factor structure we employed an exploratory factor analyses (EFA) using Equamax oblique rota-

tion, and the number of factors to be selected were based on the Kaiser's, MAP, and parallel analysis criteria. The decision of how many factors to retain is crucial in EFA,<sup>38</sup> and there are several criteria to guide the factor retention decision, not always leading to the same number of factors. EFA often is used with the correlation matrix and, in that case, one is the variance of each item/variable. Kaiser's criterion is the most used criterion, extracting only those factors with eigenvalues greater than one. Thus, Kaiser's selects factors that explain more than the variability of each item, however, this criterion tends to overestimate the number of factors.<sup>39</sup> The minimum average partial (MAP) method<sup>40</sup> uses the average of squared partial correlations after each component is out. When the minimum average squared partial correlation is reached, the residual matrix resembles an identity matrix, and no further components are extracted. Another factor retention method is the parallel analysis (PA), based on the rationale that nontrivial components from real data should have larger eigenvalues than parallel components derived from random data having the same characteristics. Therefore, PA involves the construction of correlation matrices of random variables, and the average eigenvalues from the random correlation matrices are then compared to the eigenvalues from the real data correlation matrix (the first observed eigenvalue is compared to the first random eigenvalue, and so on). The factors to be retained correspond to actual eigenvalues that are greater than the parallel average random eigenvalues. Several studies have shown that MAP and PA belong to the most accurate methods set.<sup>38</sup>

## RESULTS

### Descriptive Statistics, Internal Consistency, and Group Differences

Table 1 presents the Arabic PID-5's scales means, SDs, and Cronbach alphas of the community and clinical samples, along with the Wilcoxon Signed-Rank test which allowed to compare the 2 groups differences, and respective effect size.

The facets with the higher scores were rigid perfectionism in the community sample and anxiousness in the clinical sample, while the lower scores were found on the facet callousness for both community and clinical samples. According to Wilcoxon Signed-Rank test results, the majority of the PID-

**Table 1**  
**PID-5 Scales' Descriptive Statistic and Wilcoxon Signed-Rank Test**

PID-5 Facets	Sample	Samples measures			Community vs Clinical					
		M	SD	$\alpha$	Ranks	N	Mean Rank	Z	p	r
<b>Anhedonia</b>	Community	.90	.52	.78	Neg.	114	84.97	-7.34	.000	.60
	Clinic	1.44	.60	.79	Pos.	37	48.36			
<b>Anxiousness</b>	Community	1.31	.56	.83	Neg.	110	84.18	-6.55	.000	.53
	Clinic	1.83	.65	.86	Pos.	41	54.06			
<b>Attention seeking</b>	Community	1.04	.55	.81	Neg.	100	80.16	-4.80	.000	.39
	Clinic	1.38	.67	.85	Pos.	48	62.72			
<b>Callousness</b>	Community	.58	.38	.78	Neg.	94	82.12	-4.23	.000	.35
	Clinic	.80	.51	.84	Pos.	54	61.24			
<b>Cognitive and perceptual dysregulation</b>	Community	.80	.47	.81	Neg.	101	86.50	-5.38	.000	.44
	Clinic	1.14	.60	.86	Pos.	51	56.71			
<b>Deceitfulness</b>	Community	.82	.42	.71	Neg.	94	77.36	-4.10	.000	.34
	Clinic	1.04	.57	.80	Pos.	50	63.36			
<b>Depressivity</b>	Community	.63	.45	.86	Neg.	120	83.39	-7.93	.000	.65
	Clinic	1.25	.68	.91	Pos.	31	47.39			
<b>Distractibility</b>	Community	.97	.49	.78	Neg.	121	83.08	-7.38	.000	.59
	Clinic	1.49	.58	.81	Pos.	33	57.05			
<b>Eccentricity</b>	Community	.87	.57	.90	Neg.	101	83.68	-5.04	.000	.41
	Clinic	1.25	.66	.90	Pos.	50	60.49			
<b>Emotional lability</b>	Community	1.10	.51	.71	Neg.	115	81.88	-7.48	.000	.61
	Clinic	1.66	.66	.79	Pos.	33	48.79			
<b>Grandiosity</b>	Community	1.17	.54	.70	Neg.	84	77.48	-2.24	.025	.19
	Clinic	1.32	.65	.75	Pos.	62	68.11			
<b>Hostility</b>	Community	1.09	.51	.79	Neg.	99	82.24	-4.84	.000	.40
	Clinic	1.43	.72	.88	Pos.	50	60.67			
<b>Impulsivity</b>	Community	.94	.51	.72	Neg.	106	78.32	-5.95	.000	.49
	Clinic	1.38	.67	.77	Pos.	39	58.54			
<b>Intimacy avoidance</b>	Community	.78	.48	.68	Neg.	87	84.18	-4.02	.000	.33
	Clinic	1.06	.67	.75	Pos.	58	56.22			
<b>Irresponsibility</b>	Community	.72	.45	.66	Neg.	114	81.04	-7.14	.000	.59
	Clinic	1.20	.56	.66	Pos.	34	52.59			
<b>Manipulativeness</b>	Community	1.00	.52	.65	Neg.	77	77.42	-1.97	.049	.17
	Clinic	1.15	.66	.75	Pos.	64	63.28			

(continued on next page)

**Table 1 (continued)**  
**PID-5 Scales' Descriptive Statistic and Wilcoxon Signed-Rank Test**

PID-5 Facets	Sample	Samples measures			Community vs Clinical					
		M	SD	$\alpha$	Ranks	N	Mean Rank	Z	p	r
Perseveration	Community	1.05	.45	.73	Neg.	101	76.82	-4.87	.000	.40
	Clinic	1.41	.63	.84	Pos.	44	64.24			
Restricted affectivity	Community	1.12	.46	.60	Neg.	94	78.50	-2.88	.004	.23
	Clinic	1.29	.57	.65	Pos.	58	73.26			
Rigid perfectionism	Community	1.33	.50	.78	Neg.	92	78.22	-3.05	.002	.25
	Clinic	1.53	.65	.86	Pos.	57	69.81			
Risk-taking	Community	1.14	.43	.76	Neg.	93	81.45	-3.77	.000	.31
	Clinic	1.34	.55	.83	Pos.	56	64.29			
Separation insecurity	Community	1.00	.58	.78	Neg.	96	84.30	-5.34	.000	.44
	Clinic	1.37	.68	.78	Pos.	50	52.77			
Submissiveness	Community	.95	.56	.67	Neg.	103	77.41	-5.11	.000	.42
	Clinic	1.33	.67	.72	Pos.	43	64.14			
Suspiciousness	Community	1.15	.40	.41	Neg.	103	78.17	-5.06	.000	.42
	Clinic	1.42	.50	.52	Pos.	44	64.23			
Unusual beliefs and experiences	Community	.91	.53	.76	Neg.	90	83.92	-3.38	.001	.27
	Clinic	1.15	.68	.82	Pos.	61	64.32			
Withdrawal	Community	1.02	.50	.81	Neg.	103	80.29	-4.71	.000	.38
	Clinic	1.35	.64	.84	Pos.	48	66.80			
Negative affectivity	Community	1.14	.45	.88	Neg.	122	84.32	-7.58	.000	.61
	Clinic	1.62	.55	.90	Pos.	33	54.65			
Detachment	Community	.90	.39	.86	Neg.	110	89.70	-6.63	.000	.53
	Clinic	1.28	.53	.89	Pos.	46	51.71			
Antagonism	Community	1.00	.39	.82	Neg.	90	87.61	-3.12	.000	.25
	Clinic	1.17	.53	.88	Pos.	66	66.08			
Disinhibition	Community	.88	.39	.85	Neg.	121	86.63	-7.71	.000	.62
	Clinic	1.35	.52	.88	Pos.	35	50.40			
Psychoticism	Community	.86	.45	.93	Neg.	104	85.91	-4.98	.000	.40
	Clinic	1.18	.59	.94	Pos.	52	63.68			

Note.

Negative Ranks and Positive Ranks of the Difference of Community vs Clinic; Small effect size  $r \leq .20$ , medium effect size  $.20 < r \leq .50$ , large  $.50 < r \leq 1.0$ , and very large  $r \geq 1.0$ .

5 facets and domains mean ranks were higher in the clinical sample compared to the community sample. These comparisons were statistically significant for 20 of the 25 facets ( $p < .001$ ) and 5

domains ( $p < .001$ ). Regarding the effect size, we have obtained medium (.20 to .50) to high ( $> .50$ ) effect sizes for 23 of the 25 facets and the 5 PID-5 domains. The smaller effect sizes were displayed

**Table 2**  
**Spearman Correlations of the Arabic PID-5 with the SCL-90-R in a UAE Clinical Sample**

PID Scales	SCL-90-R Scales												
	S	OC	IS	D	A	H	PA	PI	P	AI	GSI	PST	PSDI
Negative affectivity	.52**	.55**	.62**	.58**	.65**	.53**	.58**	.58**	.62**	.55**	.67**	.55**	.52**
Detachment	.27**	.42**	.48**	.52**	.41**	.34**	.31**	.45**	.43**	.40**	.49**	.45**	.38**
Antagonism	.23**	.20*	.23**	.13	.28**	.45**	.08	.44**	.28**	.15	.31**	.30**	.14
Disinhibition	.35**	.44**	.52**	.46**	.53**	.61**	.32**	.58**	.55**	.42**	.57**	.50**	.42**
Psychoticism	.48**	.56**	.55**	.49**	.67**	.64**	.48**	.68**	.68**	.44**	.68**	.63**	.41**

**Note.**

\*Statistically significant correlations  $p < .05$ ; \*\*Statistically significant correlations  $p < .01$

S – Somatization; OC – Obsessive-compulsive; IS – Interpersonal sensitivity; D – Depression; A – Anxiety; H – Hostility; PA – Phobic anxiety; PI – Paranoid ideation; P – Psychoticism; AI – Additional items; GSI – Global severity index; PST – Positive symptom total; PSDI – Positive symptom Distress index

by the facets grandiosity and manipulateness ( $\leq .20$ ) whereas the larger effect sizes were found on the facets depressivity, emotional lability, and anhedonia as well as on the negative affectivity and disinhibition domains.

As for the internal consistency, the alpha coefficients were acceptable to good for the majority of the PID-5 scales in the community sample ( $\geq .70$  for 19 of the facets and  $\geq .80$  for the 5 domains) and in the clinical sample ( $\geq .70$  for 22 of the facets and  $\geq .85$  for the 5 domains). Overall, the reliability coefficients have shown to be higher in the clinical sample than in the community sample, particularly at the trait facet level. The lowest alphas for both samples were obtained on the facets irresponsibility, restricted affectivity, and suspiciousness. These results have shown that most of the PID-5 facets and the 5 domains were reliable in both samples.

**Convergent Validity**

The Arabic PID-5 convergent validity was studied by correlating the PID-5 scales with the psychopathological symptomatic dimensions of the Arabic SCL-90-R in the clinical sample. At the domain level, the PID-5 negative affectivity, detachment, disinhibition, and psychoticism showed significant positive correlations with all the SCL-90-R scales (Table 2) and the antagonism domain with 9 of the 13 SCL-90-R scales. The PID-5 negative affectivity presented the highest correlations with the SCL-90-R global severity index ( $r_s = .67$ ,  $p < .01$ ), anxiety ( $r_s = .65$ ,  $p < .01$ ) and interpersonal sensitivity scales ( $r_s = .62$ ,  $p < .01$ ), and detachment domain moderately and positively correlated with the SCL-90-R depression ( $r_s = .52$ ,  $p < .01$ ), global severity index ( $r_s = .49$ ,  $p < .01$ ) and interpersonal sensitivity scales ( $r_s = .48$ ,  $p < .01$ ). Also, the PID-5 antagonism domain displayed moderate positive correlations with the SCL-90-R hostility ( $r_s = .45$ ,  $p < .01$ ) and paranoid ideation scales ( $r_s = .44$ ,  $p < .01$ ), whereas the PID-5 disinhibition domain presented moderate positive correlations with the SCL-90-R hostility ( $r_s = .61$ ,  $p < .01$ ), paranoid ideation ( $r_s = .58$ ,  $p < .01$ ), and global severity index scales ( $r_s = .57$ ,  $p < .01$ ). Finally, the PID-5 psychoticism domain presented the highest correlations with the global severity index, paranoid ideation, and psychoticism ( $r_s = .68$ ,  $p < .01$ ) SCL-90-R scales. In sum, we highlight that PID-5 di-

**Table 3**  
**Exploratory Factor Analysis with Equamax Rotation Solution of the Clinical Sample**

PID-5 facets	Factors				Communalities
	1	2	3	4	
Anhedonia	-.01	-.00	<b>.74</b>	.39	.70
Anxiousness	-.06	.23	.33	<b>.68</b>	.63
Attention seeking	<b>.49</b>	.41	-.31	.48	.75
Callousness	<b>.70</b>	.21	.30	-.12	.63
Cognitive percep. dysreg.	<b>.55</b>	.52	.34	.32	.79
Deceitfulness	<b>.80</b>	.17	-.07	.15	.70
Depressivity	.18	.08	<b>.70</b>	.53	.80
Distractibility	.38	.29	.48	<b>.51</b>	.71
Eccentricity	.38	<b>.56</b>	.38	.36	.73
Emotional lability	.25	.40	.27	<b>.62</b>	.68
Grandiosity	.53	<b>.58</b>	-.10	.08	.64
Hostility	<b>.62</b>	.32	.40	.19	.68
Impulsivity	<b>.66</b>	.11	.30	.25	.60
Intimacy avoidance	.04	.27	<b>.67</b>	-.10	.53
Irresponsibility	<b>.70</b>	-.08	.39	.30	.74
Manipulativeness	<b>.71</b>	.33	-.21	.04	.65
Perseveration	-.07	<b>.72</b>	.27	.31	.70
Restricted affectivity	.37	<b>.57</b>	.44	-.08	.66
Rigid perfectionism	-.14	<b>.83</b>	.19	.12	.76
Risk-taking	<b>.68</b>	.00	.18	-.23	.55
Separation insecurity	.12	.24	-.07	<b>.77</b>	.67
Submissiveness	-.20	-.11	.05	<b>.70</b>	.54
Suspiciousness	<b>.52</b>	.25	.50	.06	.59
Unusual beliefs	.42	<b>.64</b>	.23	.19	.67
Withdrawal	.04	.36	<b>.74</b>	.11	.70
Eigenvalues	9.90	3.10	2.08	1.70	
% variance explained	39.61	12.39	8.32	6.80	

mensions of negative affectivity, disinhibition, and psychoticism presented the strongest relations with the symptomatic constellations of the SCL-90-R as well as with the general psychopathologic indices.

With regards to the facet level, as expected, the strongest relations were found between the PID-5 and the SCL-90-R counterparts, namely the PID-5 anxiousness have shown moderate positive correlation with the SCL-90-R anxiety scale ( $r_s = .61$ ,  $p < .01$ ) and the PID-5 depressivity facet displayed the highest correlation with the SCL-90-R depression scale ( $r_s = .78$ ,  $p < .01$ ). Furthermore, the PID-5 hostility showed substantial correlations with its

peer scale, the SCL-90-R hostility ( $r_s = .72$ ,  $p < .01$ ) as well as the PID-5 suspiciousness with the SCL-90-R paranoid ideation ( $r_s = .68$ ,  $p < .01$ ) and interpersonal sensitivity ( $r_s = .61$ ,  $p < .01$ ).

Finally, perhaps due to the fact that SCL-9-R psychoticism scale captures a wide scope of symptoms ranging from light psychotic features and schizoid personality style to severe symptoms of schizophrenia spectrum disorder, all the facets of the PID-5 psychoticism domain presented moderate positive correlations with the SCL-90-R psychoticism, namely cognitive and perceptual dysregulation and eccentricity, ( $r_s = .65$ ,  $p < .01$ ) along with unusual

beliefs and experiences ( $r_s = .53, p < .01$ ). In addition, all the PID-5 facets and domains significantly correlated with the SCL-90-R global severity index scale.

### Factor Structure

The Emirati clinical sample presented a 4-factor solution suggested by the Kaiser criterion, MAP, and parallel analysis criterion (Table 3). The model displayed an excellent fit ( $KMO = .888$ ) and the total explained variance was (67.13%). Communalities showed that the percentage of variance explained by the extracted factors was above 50% for all the facets. Table 3 shows the 4-factor equamax rotated solution, factor loadings, eigenvalues, communalities, and the percentage of explained variance per factor in the clinical sample.

The first factor was comprised by the facets attention-seeking, callousness, cognitive and perceptual dysregulation, deceitfulness, hostility, impulsivity, irresponsibility, manipulativeness, risk-taking, and suspiciousness. Although this factor encompassed traits from the 5 PID-5 domains, it resembled a partial conjunction of the antagonism domain, if we considered that the facet grandiosity secondarily weighted (.53) on this factor, with the disinhibition domain (impulsivity, irresponsibility, and risk-taking). However, the facets cognitive and perceptual dysregulation and suspiciousness also weighed on this factor rendering its interpretation less clear.

As for the second factor onto the facets eccentricity, grandiosity, preservation, restricted affectivity, rigid perfectionism, and unusual beliefs and experiences primarily loaded, might be considered similar to the psychoticism domain, if we bear in mind that the facet cognitive and perceptual dysregulation (.52) weighted secondarily on this factor.

The third factor were the facets anhedonia, depressivity, intimacy avoidance, and withdrawal mainly loaded was akin to the detachment domain.

Finally, the facets anxiousness, distractibility, emotional lability, separation insecurity, and submissiveness all loaded onto factor 4, which resembled the negative affectivity domain, once the facet perseveration had its second main weight on this factor (.31). The facet distractibility also weighted onto factor 4 (.51), although, according to the DSM-5 model, it belongs to the disinhibition domain.

In the Emirati clinical sample, the disinhibition domain did not clearly emerge as an independent factor, with its facets weighted jointly onto factors one, 2, and 4. Thus, to reproduce the DSM-5 AMPD structure, the factors extraction was limited to 5-factors. However, the 5-factors obtained did not fully match the original DSM-5 trait model. For this reason, the 4-factor solution was deemed to be the most adequate and the internal consistency of its factors was calculated. The alphas obtained varied from .80 for the fourth factor (negative affectivity) to .89 for the first factor (antagonism/disinhibition), thus proving good internal reliability of the new structure in the clinical sample.

### DISCUSSION

The purpose of this study was to examine the Arabic PID-5's ability to distinguish between non-clinical from clinical participants, with regards to pathological personality traits, as well as to examine its convergent validity, and factor structure cross-cultural replicability in an Emirati clinical sample.

Consistent with previous findings (eg, for a review see Al-Dajani et al<sup>30</sup> and Zimmermann et al<sup>41</sup>) the Arabic PID-5 appears to be a reliable measure of pathological personality traits in both community and clinical samples, with the internal consistency of its scales ranging from acceptable to good for the majority of the trait facets and for all the trait domains. However, the facets irresponsibility, restricted affectivity, and suspiciousness require further research as they presented the lowest alphas. In fact, several studies reported similar results in Western and non-Western samples<sup>11,42,43</sup> perhaps due to the use of allegorical expressions such as "cold fish," "raw deal," and "skipped town" in some of their items (eg, 8, 133, 171). These expressions can be challenging to translate, especially into the Arabic language.<sup>44</sup> Even when the meaning is preserved, the item intensity, difficulty, and standards of comparison might change across cultures and languages.<sup>45,46</sup>

As expected, the psychiatric patients sample presented statistically significant higher scores than the general community sample, with medium to high size effects in the majority of the PID-5 scales. Only the facets grandiosity and manipulativeness (facets of the antagonism domain) displayed a small effect

size ( $\leq .20$ ), which could be related with situational or cultural factors, such as the tendency to respond in a socially desirable way, as social desirability tends to be higher in collectivistic cultures such as the Emirati, compared to more individualistic cultures.<sup>47-49</sup> For example, the Arabic word “Inshallah” means “if God wills” and it is used on a daily basis to show agreement; however, it could carry a double meaning as to say “yes, if God wills,” or an eloquent mean to avoid confrontation by imposing a certain sense of uncertainty towards the expected outcome. On the other hand, if we consider the high scores of anhedonia, depressivity, and emotional lability (facets associated with internalization) and the percentage of anxiety and depressive disorders in the clinical sample, perhaps the facet grandiosity has captured the vulnerable narcissism (as a lower and internalized extreme of grandiosity) of the patients sample as opposed to feelings of superiority and entitlement (as a higher and externalized extreme of grandiosity) that could, in some extent, be adaptive<sup>50,51</sup> or culture-related. Overall, these results might be better explained by a continuum of common individual differences between normative and pathological personality<sup>52</sup> grafted in a socio-cultural context that can substantiate their meaning.<sup>53</sup>

With regards to the convergent validity of the Arabic PID-5, the domains negative affectivity, detachment, disinhibition, and psychoticism have shown positive correlations with all the symptomatic constellations of the Arabic SCL-90-R as well as the antagonism domain with 9 of its scales. Moreover, the PID-5 facets displayed strong correlations with all their SCL-90-R counterparts, particularly with depression and hostility, in line with previous studies<sup>54-57</sup> that confirmed important relations between pathological personality traits and mental health disorders.

These results suggest that the PID-5 has adequate criterion and convergent validity highlighting its importance in the assessment of maladaptive traits in clinical settings.

Concerning the PID-5 factor structure in the Emirati clinical sample, our findings did not reproduce a 5-factor solution proposed by DSM-5 AMPD and replicated in most of the PID-5 studies (eg, for a review see Somma et al<sup>25</sup> and Zimmermann et al<sup>41</sup>). Instead, similarly to the study

conducted by Pires et al,<sup>58</sup> we identified a 4-factor solution that resembled the domains antagonism, psychoticism, detachment, and negative affectivity, with some facets showing a deviant loading pattern from the original structure.<sup>27,59,60</sup> Notably, in the first and second factors, the disinhibition domain did not clearly emerge on the 4-factor solution, with its facets loads mostly weighted on factor one, akin to the antagonism domain.

A possible explanation for this unexpected conjunction of the antagonism with the disinhibition domain, could be that individuals with narcissistic personality trait profiles, beyond showing grandiosity, callousness, and manipulateness, can also be impulsive and behave recklessly to stand out socially. Further, they can become hostile and suspicious towards the intentions and behaviours of others.<sup>61</sup> On the other hand, from a psychopathological point of view, this first factor seemed to group traits that characterize DSM-5 Section II Cluster B Personality Disorders, particularly the anti-social, borderline, and narcissistic personality disorders that might be related with our clinical sample composition. In this regard, Kotov et al,<sup>62</sup> in a meta-analysis study, found high correlations between some of the ‘big’ personality traits with anxiety, depressive, and substance use disorders which mostly profile our clinical sample diagnosis. Furthermore, the authors stressed the lack of specificity in the personality profiles identified, and suggested that high order personality constructs are not exclusively linked to specific conditions, but they are rather meaningful under the umbrella of a more general factor of psychopathology.<sup>62</sup> On this note, several studies have pointed that Cluster B and Cluster C Personality Disorders are the most frequent neglected comorbidities among patients diagnosed with substance use disorder, anxiety, and depression in primary and secondary psychiatric care.<sup>28,63,64</sup> As such, clinical research might consider developing combine treatment plans able to intervene on both the personality domains and the disorder that results in part from the personality itself.<sup>65</sup>

Concerning factor 2, an atypical factor loading was also obtained, which gathered traits that characterize both the schizotypal (eccentricity, unusual beliefs) and the obsessive-compulsive functioning (preservation, restricted affectivity, rigid perfec-

tionism) similar to an imperfect combination of the compulsive and schizotypal domains initially proposed by the AMPD.<sup>18</sup> However, as cognitive and perceptual dysregulation secondary weighted on this factor, perhaps we might consider it similar to the psychoticism domain. As noted by some studies, the psychoticism domain has been pointed as heterogeneous with deviant facet loadings<sup>66,67</sup> and Pires et al<sup>58</sup> reported its absence in a clinical sample. These deviations might be conceptually meaningful in Arabic countries, as some studies with the FFM in Arabic samples have failed to identify the 5 domains of personality.<sup>68,69</sup> Therefore, given the bipolar nature of personality traits, it is not surprising that its pathological extremes, assessed by the PID-5, could also present differences in our sample, reflecting the personality complexity.<sup>21,27,70</sup>

Overall, this study indicated that there was a great deal of interaction between the domains of personality measured by the PID-5 and the psychopathology of the clinical sample. The factor solutions found in the Emirati clinical sample seemed to identify a combination of trait constellations that might be linked to the mental disorders that characterize the Emirati clinical sample, rather than to a universal structure of personality.

The present findings should be considered in the light of several limitations, as this study was a first attempt to validate the Arabic PID-5 in an Emirati clinical sample. First, the small size of the community and clinical samples. Second, the predominance of substance-related and addictive disorders (35.3%), along with the severity of the psychiatric diagnosis and the multiple comorbidities of the inpatients, might have affected the range of PID-5 traits and symptoms. However, it is worth noting that all clinical participants were stable and about to be discharged when they completed the test. Third, although only the participants that had declared being mentally healthy were included in the community sample, no direct screening for psychopathology or previous history of utilizing mental health services has been performed.

Considering the aforementioned, our results call for future studies in Arabic speaking countries, with larger samples, and with a broader spectrum of psychiatric disorders, to clarify these unexpected results and assess the PID-5 clinical utility in Arabic mental health settings.

## Human Subjects Approval Statement

All procedures were reviewed and approved by the Research Ethics Committee of Zayed University, Dubai Scientific Research Ethics Committee, and Ministry of Health and Prevention Research Ethics Committee. A written informed consent was obtained from all participants.

## Conflict of Interest Disclosure Statement

The authors of this article declare no conflicts of interest.

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